



# ***Vitamin Perfect***

Vitamin Perfect supports foundational wellness and includes **activated vitamins** for optimal utilization. The micronutrients in Vitamin Perfect are provided in a **bioavailable** form for better absorption. Vitamin Perfect, the perfect solution for your vitamin needs.

<b>Vitamin Perfect Supplement Facts</b>	<b>Amount per Serving</b>	<b>% Daily Value</b>
Serving Size: 2 capsules		
Servings Per Container: 30		
Vitamin A (50% as mineral carotenoids/50% as retinyl acetate)	10,000 IU	200%
Vitamin C (an ascorbic acid and ascorbyl palmitate)	180 mg	300%
Vitamin D ( as cholecalciferol)	1000 IU	250%
Vitamin E ( as d-alpha tocopheryl succinate)	100 IU	333%
Riboflavin	15 mg	882%
Niacin (as niacinamide and niacin)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%
Folate (as calcium 5-methyltetrahydrofolate)	800 mcg	200%
Vitamin B12 (as methylcobolamin)	200 mcg	3333%
Biotin	500 mcg	167%
Pantothenic Acid (as D-calcium pantothenate)	75 mg	750%
Manganese (as manganese citrate)	.5 mg	25%
<b>ProfileProven™SFB™ Standardized Fruit blend (40%</b>		
polyphenols, 7500 TE/g) ----	400 mg.	*
<i>[Grape, Pomegranate, Blueberry, Chokeberry, Mangosteen, Cranberry, Goji berry, Apple, Bilberry]</i>		
Choline (as choline bitartrate)	25 mg	*
Inositol	25 mg.	*
Benfotiamin	15 mg.	*
Lycopene	6 mg	*
Lutein	6 mg	*
Zexanthin	2 mg	*

**Other Ingredients:** Organic dried cane syrup, citric acid, guar gum, natural flavor, malic acid, stevia leaf extract, ascorbyl palmitate and natural red beet juice color.

**Recommended Use:** Adults take 2 capsules daily.

**Storage:** Keep tightly closed in a cool, dry place.

**DOES NOT CONTAIN:** Wheat, gluten, yeast, dairy products, artificial colors, or artificial sweeteners.

**DISCLAIMER:** If you are pregnant or nursing, consult your healthcare provider before taking supplements. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease or disorder.

**The 3<sup>rd</sup> Opinion, Inc.      1.800.431.7902**  
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